

Survey for people over 40 living in the Municipality of Pontiac “Age Friendly Municipality” (AFM or MADA)

In January 2014, the Municipality of Pontiac joined the six other municipalities of the MRC des Collines-de-l’Outaouais in the AFM process. One objective of AFM is the active participation of seniors within their community and attaining its vision of a society for all ages. The MADA approach wishes to prepare a municipal policy and action plan favouring the seniors of Pontiac, which will benefit all citizens.

We often refer to persons over 65 years of age and up as the seniors group. In that regard the Municipality of Pontiac offers an open and inclusive approach that considers the particular needs and abilities of all aging citizens. Therefore you will find enclosed a questionnaire for everyone aged 40 and up. Your answers will permit us to draw a picture of seniors (and future seniors) in Pontiac in order to better know your needs, which is the first crucial step in setting up services to help in everyday things.

The information given will remain confidential and will never be shared with third parties. The questionnaire is also available on the municipality’s website and by mail to all residents.

A consultation meeting will also be held during the Fall at which time the report on the seniors’ profile will be revealed.

We ask that you fill out the survey by **Sunday October 5th 2014** and deposit them at City Hall, the Caisse populaire, the Dépanneur Eardley (Breckenridge) or the Dépanneur Marcotte/Stinson (Quyon).

We thank you ahead of time for your valuable comments. The members of the pilot committee of AFM of Pontiac, are: Pierrette and Bruno Alary, Émile Côté, Marie-Pierre Drolet, R. Denis Dubé, Guy Faubert, Carl Hager, Benedikt Kuhn, Diane Lacasse, Marc Laframboise, Michel Laporte, Denise Lavigne, Agnès Perrier, Marie-Danielle Pied, Pierre Sauvageau, Thomas Soulière and Robert Wagner.

For questions relating to the survey please contact Marie-Pierre Drolet, director of Des Collines Seniors’ Roundtable, at 1-877-457-2121 poste 241 or tabledesaines@gmail.com



IDENTIFICATION OF THE RESPONDENT

1	Man <input type="checkbox"/> Woman <input type="checkbox"/>	Permanent resident <input type="checkbox"/>	Seasonal resident <input type="checkbox"/>	
	Live with partner <input type="checkbox"/>	Live alone <input type="checkbox"/>	Live with family <input type="checkbox"/>	Other living arrangement <input type="checkbox"/>
	Francophone <input type="checkbox"/>	Anglophone <input type="checkbox"/>	Other <input type="checkbox"/>	

2 What age group do you belong to? :
 40-49 _____ 50-59 _____ 60-69 _____ 70-75 _____ more than 75 _____

3 I live in :

Ward 1 – Onslow North	<input type="checkbox"/>	Ward 4 - Lusville	<input type="checkbox"/>
Ward 2 – Quyon	<input type="checkbox"/>	Ward 5 – Lusville/Breckenridge	<input type="checkbox"/>
Ward 3 – Onslow South	<input type="checkbox"/>	Ward 6 - Breckenridge	<input type="checkbox"/>

Beaches sector (specify) : _____

COMMUNITY LIVING

4 Are you happy living in Pontiac?
 Very More or less Not at all

WHY?

What factors contributes to the seniors' quality of life in Pontiac?

5 According to you, what are, for seniors, the advantages of living in Pontiac?

6 According to you, what are, for seniors, the disadvantages of living in Pontiac?

SECURE LIVING ENVIRONMENT

7	<p>Do you feel safe? (Neighbourhood, 911 service, municipal information, lighting and signage at intersections, police presence, firefighter involvement, traffic control, other).</p> <p>yes <input type="checkbox"/> no <input type="checkbox"/> WHY?</p> <p>What can be done to add to your sense of security?</p>
----------	---

TRANSPORTATION

8	<p>Here are a few activities that usually necessitate a mode of transportation. Please check the activities that create a transportation problem for you.</p> <p>_____ To get to the doctor's, the dentist or the drugstore.</p> <p>_____ To get to my recreational or social activities.</p> <p>_____ To do my groceries, shopping or errands.</p> <p>_____ To obtain other services (caisse populaire/bank, restaurant, library, church, etc)</p> <p>_____ Other : (specify) _____</p> <p>Do you have a driver's license? yes <input type="checkbox"/> no <input type="checkbox"/> Do you have a car ? yes <input type="checkbox"/> no <input type="checkbox"/></p> <p>Do you know Transport Action Pontiac? yes <input type="checkbox"/> no <input type="checkbox"/></p> <p>If yes do you use their services? no <input type="checkbox"/> occasionally <input type="checkbox"/> often <input type="checkbox"/></p> <p>What other means do you use to get somewhere?</p> <p>Family <input type="checkbox"/> Friends <input type="checkbox"/> Bus <input type="checkbox"/> Other : _____</p>
----------	---

COMMUNICATIONS

9	<p>To communicate information to its citizens the Municipality uses the following means: the municipal calendar, the monthly Pontiac newsletter, the newspapers, the display racks at City Hall, the municipal website...</p> <p>By which means do you prefer to be informed? Others?</p>
----------	--

10	Would you say that you are sufficiently informed about services, activities and special events in the municipality?	Yes	No	Don't care
	Recreational activities, library,	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
	Council meetings	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
	Municipal by-laws and permits	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
	Recycling, garbage pick-up, ecocentre	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
	Emptying of septic tank	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
	Emergency services (police, ambulance, fire)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
What other information would you need to receive?				

Social life and recreational activities

11	Are you socially active? (Socially active by working still, or volunteering, travelling, engaging in other pastimes, as well as keeping in contact with family and friends.)			
	Are you still working?	Yes <input type="checkbox"/>	No <input type="checkbox"/>	
	Do you volunteer?	Yes <input type="checkbox"/>	No <input type="checkbox"/>	
	Do you travel?	Yes <input type="checkbox"/>	No <input type="checkbox"/>	
	Have you any pastimes?	Yes <input type="checkbox"/>	No <input type="checkbox"/>	
	Do you keep in contact with your family?	Yes <input type="checkbox"/>	No <input type="checkbox"/>	
	Do you keep in contact with your friends?	Yes <input type="checkbox"/>	No <input type="checkbox"/>	
	Do you have Internet access at home?	Yes <input type="checkbox"/>	No <input type="checkbox"/>	
	If yes do you use email and social media?	Yes <input type="checkbox"/>	No <input type="checkbox"/>	
	If not would you like to have Internet access?	Yes <input type="checkbox"/>	No <input type="checkbox"/>	

12	Do you know the following organizations? If yes, are you active in one of these clubs or do you use services they offer?	I know them		I participate or use their services	
	Maison de la Famille de Quyon	Yes <input type="checkbox"/>	No <input type="checkbox"/>	Yes <input type="checkbox"/>	No <input type="checkbox"/>
	Luskville Choir	Yes <input type="checkbox"/>	No <input type="checkbox"/>	Yes <input type="checkbox"/>	No <input type="checkbox"/>
	Luskville Saint-Vincent de Paul	Yes <input type="checkbox"/>	No <input type="checkbox"/>	Yes <input type="checkbox"/>	No <input type="checkbox"/>
	Club d'âge d'or les Blés d'or	Yes <input type="checkbox"/>	No <input type="checkbox"/>	Yes <input type="checkbox"/>	No <input type="checkbox"/>
	Cercle socio-culturel de Luskville	Yes <input type="checkbox"/>	No <input type="checkbox"/>	Yes <input type="checkbox"/>	No <input type="checkbox"/>
	Quyon Card Club	Yes <input type="checkbox"/>	No <input type="checkbox"/>	Yes <input type="checkbox"/>	No <input type="checkbox"/>
	Luskville's Club de pétanque	Yes <input type="checkbox"/>	No <input type="checkbox"/>	Yes <input type="checkbox"/>	No <input type="checkbox"/>
	Luskville Club (bean bags)	Yes <input type="checkbox"/>	No <input type="checkbox"/>	Yes <input type="checkbox"/>	No <input type="checkbox"/>
	Lions' Club	Yes <input type="checkbox"/>	No <input type="checkbox"/>	Yes <input type="checkbox"/>	No <input type="checkbox"/>
	Mont d'or	Yes <input type="checkbox"/>	No <input type="checkbox"/>	Yes <input type="checkbox"/>	No <input type="checkbox"/>
	Grenier des Collines	Yes <input type="checkbox"/>	No <input type="checkbox"/>	Yes <input type="checkbox"/>	No <input type="checkbox"/>
	Pair Program (automated calls)	Yes <input type="checkbox"/>	No <input type="checkbox"/>	Yes <input type="checkbox"/>	No <input type="checkbox"/>
	Other :				

13	<p>During the last year, have you....</p> <p>Participated in events organized by the municipality? yes <input type="checkbox"/> no <input type="checkbox"/></p> <p>Have you volunteered with a community, recreational or service organization? yes <input type="checkbox"/> no <input type="checkbox"/></p>
-----------	---

14	<p>Would you like the municipal library to be open during the day?</p> <p>Yes <input type="checkbox"/> no <input type="checkbox"/> If yes, would you prefer mornings or afternoons? am <input type="checkbox"/> pm <input type="checkbox"/></p> <p>Would you like to do activities at the library? yes <input type="checkbox"/> no <input type="checkbox"/></p> <p>If yes, which ones?</p>
-----------	---

SERVICES AND CONDITIONS NEEDED TO STAY IN PONTIAC

15	<p>Do you presently receive help from persons not living with you (paid or volunteer)?</p> <p>Yes <input type="checkbox"/> No <input type="checkbox"/> If no go to question 18</p>																
16	<p>What type(s) of help do you receive? Is it for ...</p> <table style="width: 100%; border: none;"> <tr> <td style="width: 50%;">Snow removal /outside maintenance, landscaping</td> <td style="width: 5%; text-align: center;"><input type="checkbox"/></td> <td style="width: 40%;">Meal preparation</td> <td style="width: 5%; text-align: center;"><input type="checkbox"/></td> </tr> <tr> <td>Cleaning, washing, general house upkeep</td> <td style="text-align: center;"><input type="checkbox"/></td> <td>Meal delivery</td> <td style="text-align: center;"><input type="checkbox"/></td> </tr> <tr> <td>Accompanying and transportation services</td> <td style="text-align: center;"><input type="checkbox"/></td> <td>Health services</td> <td style="text-align: center;"><input type="checkbox"/></td> </tr> <tr> <td>Personal care/ hygiene</td> <td style="text-align: center;"><input type="checkbox"/></td> <td>Other _____</td> <td></td> </tr> </table>	Snow removal /outside maintenance, landscaping	<input type="checkbox"/>	Meal preparation	<input type="checkbox"/>	Cleaning, washing, general house upkeep	<input type="checkbox"/>	Meal delivery	<input type="checkbox"/>	Accompanying and transportation services	<input type="checkbox"/>	Health services	<input type="checkbox"/>	Personal care/ hygiene	<input type="checkbox"/>	Other _____	
Snow removal /outside maintenance, landscaping	<input type="checkbox"/>	Meal preparation	<input type="checkbox"/>														
Cleaning, washing, general house upkeep	<input type="checkbox"/>	Meal delivery	<input type="checkbox"/>														
Accompanying and transportation services	<input type="checkbox"/>	Health services	<input type="checkbox"/>														
Personal care/ hygiene	<input type="checkbox"/>	Other _____															
17	<p>From who do you receive help ?</p> <table style="width: 100%; border: none;"> <tr> <td style="width: 50%;">Family member</td> <td style="width: 5%; text-align: center;"><input type="checkbox"/></td> <td style="width: 40%;">Neighbour, friend, acquaintance</td> <td style="width: 5%; text-align: center;"><input type="checkbox"/></td> </tr> <tr> <td>Cleaning woman/man, handyman</td> <td style="text-align: center;"><input type="checkbox"/></td> <td>CLSC services</td> <td style="text-align: center;"><input type="checkbox"/></td> </tr> <tr> <td>Contract person/employee</td> <td style="text-align: center;"><input type="checkbox"/></td> <td>Other : _____</td> <td></td> </tr> </table>	Family member	<input type="checkbox"/>	Neighbour, friend, acquaintance	<input type="checkbox"/>	Cleaning woman/man, handyman	<input type="checkbox"/>	CLSC services	<input type="checkbox"/>	Contract person/employee	<input type="checkbox"/>	Other : _____					
Family member	<input type="checkbox"/>	Neighbour, friend, acquaintance	<input type="checkbox"/>														
Cleaning woman/man, handyman	<input type="checkbox"/>	CLSC services	<input type="checkbox"/>														
Contract person/employee	<input type="checkbox"/>	Other : _____															

18	<p>In the medium or long term, if you were not able to do all the usual housecleaning chores do you think that you would...</p> <p>(you can check more than one answer)</p>	
	Stay in Pontiac :	Move away from Pontiac :
	<p>Live at home and get more help <input type="checkbox"/></p> <p>Move into affordable housing <input type="checkbox"/></p> <p>Move to smaller living quarters <input type="checkbox"/></p> <p>Move to a seniors' residence <input type="checkbox"/></p> <p>Go live with your children <input type="checkbox"/></p> <p>Do not envisage getting help or moving <input type="checkbox"/></p> <p>I don't know, I have not thought about it <input type="checkbox"/></p>	<p>Move to smaller living quarters <input type="checkbox"/></p> <p>Go live with your children <input type="checkbox"/></p> <p>Move to a seniors' residence <input type="checkbox"/></p> <p>Don't know, I have not thought about it <input type="checkbox"/></p>

19	<p>For seniors who would wish to stay in their home and obtain more help what are the services that would be necessary?</p> <p>House cleaning / general house maintenance <input type="checkbox"/></p> <p>Food assistance (Meals on wheels, stopgap supplies) etc. <input type="checkbox"/></p> <p>Snow removal / outside maintenance and landscaping / taking in firewood <input type="checkbox"/></p> <p>Home healthcare, personal care services <input type="checkbox"/></p> <p>Help to do groceries, errands, shopping <input type="checkbox"/></p> <p>Transportation <input type="checkbox"/></p> <p>Volunteer to accompany to activities, recreational and others <input type="checkbox"/></p> <p>Help with paper work (insurance, forms, permits, bills, etc.) <input type="checkbox"/></p> <p>Help to fill out income tax returns <input type="checkbox"/></p> <p>Other :</p>
-----------	--

20	<p>For seniors who would wish to stay in their home and obtain more help, from who do you expect help? (you can check more than one answer)</p> <p>Cleaning person, handyman <input type="checkbox"/> Your children <input type="checkbox"/></p> <p>Your partner <input type="checkbox"/> Other family members <input type="checkbox"/></p> <p>A friend, an acquaintance <input type="checkbox"/> The CLSC <input type="checkbox"/></p> <p>PAIR Program (calls at home) <input type="checkbox"/> Mont d'or (home services) <input type="checkbox"/></p> <p>Private companies <input type="checkbox"/></p> <p>Other :</p> <p>Are you ready to pay for some of these services? yes <input type="checkbox"/> no <input type="checkbox"/></p> <p>Specify :</p>
-----------	---

21	<p>What would be the principal reasons for an eventual move outside Pontiac?</p> <p>To get closer to my children, my friends <input type="checkbox"/></p> <p>To get closer to health services <input type="checkbox"/></p> <p>To get closer to social activities, social clubs <input type="checkbox"/></p> <p>To get closer to the stores, the bank, restaurants, the church <input type="checkbox"/></p> <p>To have better access to transit (bus services) <input type="checkbox"/></p> <p>If I do not have the health or physical capacity to stay in my home <input type="checkbox"/></p> <p>Go live in a seniors residence <input type="checkbox"/></p> <p>Other :</p>
-----------	---

22	<p>Check two priorities that the municipality of Pontiac should adopt.</p> <table border="1" style="width: 100%;"> <tr> <td>Favour activities that value help between residents or neighbours.</td> <td style="width: 10%;"></td> </tr> <tr> <td>Favour the development of housing for seniors or a senior's residence.</td> <td></td> </tr> <tr> <td>Favour activities that foster multi-generational exchanges (recreational, help with homework, etc).</td> <td></td> </tr> <tr> <td>Support the PAIR program (automated calls services that reach seniors daily)</td> <td></td> </tr> <tr> <td>Favour local shuttle or carpooling projects to drive people to local activities</td> <td></td> </tr> <tr> <td>Favour setting up places for multi-generational games (mini-golf, pétanques (bacci), horseshoe, shelter, pool, arena, etc.)</td> <td></td> </tr> <tr> <td>Evaluate whether the present community centres fill the needs.</td> <td></td> </tr> <tr> <td>Offer computer and Internet courses for beginners</td> <td></td> </tr> <tr> <td colspan="2">Other priorities :</td> </tr> </table>	Favour activities that value help between residents or neighbours.		Favour the development of housing for seniors or a senior's residence.		Favour activities that foster multi-generational exchanges (recreational, help with homework, etc).		Support the PAIR program (automated calls services that reach seniors daily)		Favour local shuttle or carpooling projects to drive people to local activities		Favour setting up places for multi-generational games (mini-golf, pétanques (bacci), horseshoe, shelter, pool, arena, etc.)		Evaluate whether the present community centres fill the needs.		Offer computer and Internet courses for beginners		Other priorities :	
Favour activities that value help between residents or neighbours.																			
Favour the development of housing for seniors or a senior's residence.																			
Favour activities that foster multi-generational exchanges (recreational, help with homework, etc).																			
Support the PAIR program (automated calls services that reach seniors daily)																			
Favour local shuttle or carpooling projects to drive people to local activities																			
Favour setting up places for multi-generational games (mini-golf, pétanques (bacci), horseshoe, shelter, pool, arena, etc.)																			
Evaluate whether the present community centres fill the needs.																			
Offer computer and Internet courses for beginners																			
Other priorities :																			

